

How to Change Your Mate For the Better
I Peter 3:1-7

Series: Standing Strong In The Storms of Life Part I – Part 9

STUDY NOTES—

DISCUSSION QUESTIONS

1. What does the phrase “in the same” or “likewise” (v. 1,7) shed on marital relations?
2. What reasons does Peter give for a wife to submit to her husband? (Define submission Biblically, what does it mean?)
3. What does submission “look like” in everyday life for a woman in marriage? (i.e. attitudes, actions, etc.) How and why could God use this type of behavior to change a man’s heart?
4. Discuss the concept of “fear” brought out in v. 6. What are some common fears a woman (or you) might have in obeying this command to submit? Why? (Women) Share how you’ve learned to obey this in some area of your marital life and share the results with your group.
5. What two things does God command of men in v. 7? Why do you think these two things are specifically outlined? Why is it so important for a man to obey this command?
6. Describe what an “understanding” man looks like in everyday life. (i.e. attitudes, actions, etc.) What steps would a man have to take to become understanding?
7. Much is written about self-esteem in our day. According to this passage, what is one of the primary sources of a woman’s self-esteem? Wives, tell your husband three things that make you feel honored.
8. What specific step of faith would make you a more submissive wife/understanding husband?