

How to “Lift Up” Those Who Are Down Encourage One Another

Hebrews 10:19-25

Series: Love One Another – Part 5

Introduction

Life is Hard! God is Good! I am Weak!

Sometimes the only difference between success and failure is a simple word of _____!

◆ What is Encouragement?

- Meaning of the Word =
 - Use in the Old Testament =
 - Use in the New Testament =
- ◆ **Summary** – We are to aid, help, support, and intercede for each other by means of comforting in affliction, strengthening in faith, and motivating toward righteousness. In short, encouragement (building up others) is taking the **truth of Scripture** by life and word in the context of meaningful and caring relationships, to **restore perspective** and, thereby, provide hope which carries us through affliction and above complacency.

◆ Why Is Encouragement So Important?

- Because God Commands It – 1 Thess. 5:11
- Because Sin Is Deceitful – Hebrews 3:13
- Because Spiritual Growth Requires It – 1 Thess 3:2
- Because We Lose Perspective So Easily – 2 Cor 7:3-7

◆ What Does Biblical Encouragement Look Like?

The Hebrews 10 Model Of Encouragement

Vs 19-20 19 **Since** therefore, brethren, we have confidence to enter the holy place by the blood of Jesus, 20 by a new and living way which He inaugurated for us through the veil, that is, His flesh ...

Vs 21 21 and **since** {we have} a great priest over the house of God ...

Vs 22 22 **let us draw near** with a sincere heart in full assurance of faith, having our hearts sprinkled {clean} from an evil conscience and our bodies washed with pure water.

Vs 23 23 **Let us hold fast** the confession of our hope without wavering, for He who promised is faithful.

Vs 24-25 24 and **let us consider how to stimulate one another** to love and good deeds, 25 not forsaking our own assembling together, as is the habit of some, but encouraging {one another} and all the more, as you see the day drawing near.

Examining The Structure of Hebrews 10:19-25

◆ Two Facts – Two Eternal Truths

Vs 19 – **Since** – We have access into God’s presence.

Vs 21 – **Since** – We never go into God’s presence alone.

◆ Three Exhortations – Three Timeless Principles

Vs 22 – “**Let us draw near ...**”

Principle # 1
Biblical Encouragement Restores Perspective

Vs 23 – “**Let us hold fast ...**”

Principle # 2
Biblical Encouragement Promotes Endurance

Vs 24 – “**Let us stimulate one another ...**”

Principle # 3
Biblical Encouragement Inspires Spiritual Growth

How?

1. By stimulating one another to Christ-like attitudes and actions in relationships.
2. By refusing to allow one another “to drift” from regular attendance at worship / small group times.
3. By reminding one another of the certainty and accountability involved in Christ’s return.

“Action Steps”

For personal, family, growth groups, and ministry team use.

1. Who do you know that needs some encouragement?
2. What **truth** (Biblical passage) would help restore their perspective? Endure their adversity? Be stimulated to spiritual growth?
3. What would be the best way to communicate your encouragement to them?

~ In person	~ In a group
~ By phone	~ Through some act of kindness
~ By letter	~ By meeting a need
4. When this week, will you become God’s agent of blessing in this person’s life?
5. If in a group, pray for those people you have determined to encourage this week.