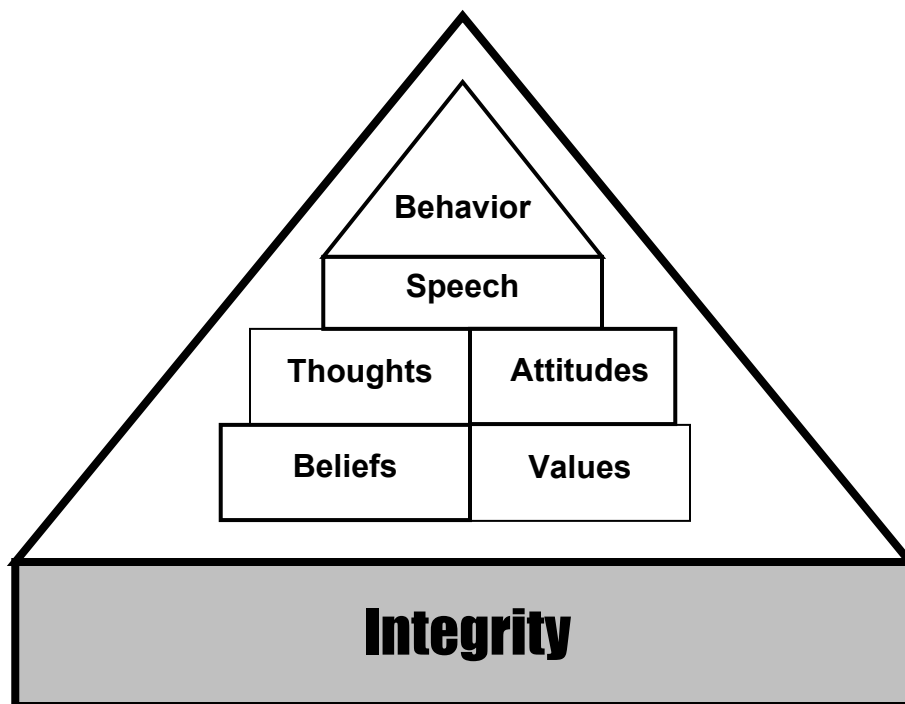


Integrity: One Little Word That Will Change Your Life

Series: How To Be A Christian Without Being Religious – Part 1

*"He who walks in integrity walks securely, but he who perverts his ways will be found out."
Proverbs 10:9 (NASB)*

Why do our attempts to change so often fail?



Integrity is the pre-requisite for lasting change

What is Integrity?

Hebrew ► complete moral innocence

Webster's ► ¹state or quality of being complete, undivided, unbroken
²moral soundness, honesty, upright

Why is Integrity so Important?

3 Reasons

1. _____ are Impossible without Integrity

- With God (John 4:24, Psalm 15)
- With Myself (Psalm 51:5-6)
- With Others (Ephesians 4:15)

2. _____ is Impossible without Integrity

“Let the peace of Christ rule in your hearts, remembering that as members of the one body you are called to live in harmony, and never forget to be thankful for what God has done for you.”

Colossians 3:15

3. _____ is Impossible without Integrity

“Like a trampled spring and a polluted well is a righteous man who gives way before the wicked.”

Proverbs 25:26

Conclusion

Proverbs 10:9

**Integrity breeds “at-homeness” with God,
dishonesty destines us to disgrace.**

Application/Discussion Questions

1. What did you learn about “lasting change” that was helpful to you? Explain.
2. Why do most of our attempts to change fall short? What’s missing in the process?
3. Give the three reasons why integrity is essential for lasting change. With which of these reasons do you most identify? Why?
4. What aspect of your life do you think needs to be more “integrated”? What steps will you take to follow David’s example in Psalms 139:23-24? Be specific.