

Introduction:

Never in the history of the world has a culture shifted its values concerning sexuality as rapidly or as drastically as America in the last 50 years.

What Happened?

- The Shift
- The Causes
- The Impact
- The Cost

The Need = Thinking Clearly About Sex

Myth #1 - God Is Anti-Sex.

Truth: God is so pro sex He created it to provide...

- Physical Pleasure - Genesis 1:26-27
- Procreation - Genesis 1:27
- Relational Intimacy - Genesis 2:18-24
- Spiritual Object Lesson - Ephesians 5:31-32

Myth #2 - Christian's sex lives and views of sex are dull, boring, and "out of touch."

Truth: The Scriptures command God's people to be downright erotic in their marital love.

- Proverbs 5:18-19
- I Corinthians 7:2-5

Myth #3 - As long as people love each other, sex is okay with God.

Truth: The Bible actually prohibits all sexual relationships outside of marriage.

“Abstain from. . .sexual immorality.” Acts 15:29
“Flee from sexual immorality.” 1 Corinthians 6:18
“We should not commit sexual immorality...” 1 Corinthians 10:8
“But among you there must not be even a hint of sexual immorality. . .” Ephesians 5:3
“It is God’s will that you. . .should avoid sexual immorality” 1 Thessalonians 4:3

Myth #4 - Only a “cosmic killjoy” totally out of touch with today’s culture and people’s needs would prohibit all sex outside of marriage.

Truth = God prohibits all immoral behavior outside of marriage because of His desire to.

- Protect You - Romans 6:23
- Provide For You - Jeremiah 29:11

Myth #5 - Everyone needs to “sow their wild oats” and experiment sexually before they settle down in a long term relationship.

Truth = Sexual sins have uniquely devastating impact on people’s lives because. . .

- It’s a sin against yourself - 1 Corinthians 6:16-20
- It’s a sin whose roots are in spiritual rebellion and idolatry - Ephesians 5:3-7

Myth #6 - It's too late for me, sexual sin is so powerful, nothing can loosen its grip on my life.

Truth = Christ died to pay for the penalty of your sin and break its power in your life.

- Step #1 - Be Honest - Psalm 145:18
- Step #2 - Repent/Confess - 1 John 1:9
- Step #3 - Forsake It - Proverbs 28:13

Discussion Questions:

1. How did God speak to you through this message?
2. What new insight did you gain about sexuality from God's perspective?
3. What step of faith do you need to take to allow your life and thoughts to conform to God's will regarding your sexual life?

Why is it so important that you take this step? How will it provide God's best for you and/or protect you from harm?