

I. **God's Desire = That we experience His** \_\_\_\_\_  
\_\_\_\_\_.

II. **The Barriers to God's Desire =** \_\_\_\_\_ **and**  
\_\_\_\_\_.

- The answer to legalism = \_\_\_\_\_ in God's grace.
- The answer to guilty feelings = a \_\_\_\_\_.

RESPONSES TO GUILTY FEELINGS			
Fight	Flee	Surrender to Guilt	Surrender to God
Develop defense strategies and skills	Run, Hide, Escape – Develop masks and disguises	Become enslaved to guilt, condemnation, and self-punishment	Discern source of guilt- <b>If false:</b> Ignore & evade  <b>If true:</b> Respond with Godly sorrow - Conviction & Confession Forgiveness & Freedom
<b>Belief:</b>	All guilt is bad, unwanted		<b>Belief:</b> Some guilt is bad, some good
<b>Results:</b>	Distracts us from God		<b>Results:</b> Draws us to God
*Adapted from unpublished MSS, Good Guilt, Bad Guilt, by Becca Cowan Johnson, Ph.D.			

III. **The Question** = How can we experience God’s love when we really fail? How do we move to Quadrant I?

IV. **The Answer** = 2 Corinthians 7:9-11

RESPONSES TO OBJECTIVE GUILT 2 Corinthians 7:10	
Godly Sorrow (Constructive Guilt)	Worldly Sorrow (Psychological Guilt)
<p><u>Involves:</u> A God focus Conviction – concerning future relationship with God Remorse – over sin and broken relationship with God Attitude – Dependence, “Christ Paid” Motivation for change = Love</p> <p><u>Which lead to:</u> Repentance Forgiveness Salvation Spiritual Life</p> <p style="text-align: right;">(i.e. = Peter, Matthew 26:69-75)</p>	<p><u>Involves:</u> A self focus. Condemnation – over past misdeeds. Regret or Remorse – over consequences of sin and personal pain. Attitude – Autonomy, “I’ll Pay.” Motivation for change = get rid of guilty feelings.</p> <p><u>Which lead to:</u> Spiritual Death</p> <p style="text-align: right;">(i.e. = Judas, Matthew 27:1-10)</p>

V. **The Application** = When I experience guilty feelings I will...

1. **Face** → guilty feelings.
2. **Distinguish** → between good and bad guilt.
3. **Eliminate** → bad guilt.
4. **Respond** → to good guilt with Godly sorrow.

## **Discussion Questions**

1. Discuss Peter and Judas' responses to failure as it relates to 2 Corinthians 7:10.
2. In what ways can you identify with Peter? With Judas?
3. What do you need to understand and apply to your life to experience God's unfailing love even when you fail?